

INDUS SHAKTI TOUR 2018



Indus Shakti Leadership Study Tour: Journey of a Lifetime with Nilima Bhat & Raj Sisodia

To the rugged and pristine sources of Himalayan Shakti-Buddhist mysticism.

Delhi, Leh, Pangong Lake, Nubra Valley (Ladakh), Agra

22-30 June 2018 (9 days)

**ITINERARY SPECIALLY PREPARED FOR NILIMA BHAT & RAJ SISODIA'S GROUP TO LEH –
LADAKH : JUNE 2018.**

Day 01: Friday: 22nd June: Arrive in Delhi.

Upon arrival at Delhi Airport, you will be received by our representative and transfer to **Hotel DLF City CLUB 4*** or similar. Dinner and Overnight.

Day 02: Saturday: 23rd June: In Delhi – full day sightseeing with our guide.

After early breakfast at the hotel at 0800 am, our English-speaking guide will meet the group at hotel and take you for full day city tour of New Delhi. We will drive past the India Gate, the Parliament House and the Presidential Palace. We will tour Gandhi's Home and drive past the Red Fort and visit Jama Masjid, the largest Mosque in India. We will enjoy a cycle rickshaw ride in Old Delhi and will see the vibrancy of one of the oldest wholesale markets, Chandni Chowk, in Old Delhi. We will organize lunch at a nice Indian Restaurant. Later we will visit Qutub Minar. Time at leisure for shopping. Dinner at the hotel. Overnight.

Day 03: Sunday: 24th June: Delhi – Leh

After early breakfast at 0400 hrs, our representative will meet you at the hotel and transfer the group to Delhi Airport to take Spicejet flight SG – 121 to Leh at 0605 hrs. This flight is one of the most sensational flights in the world. On a clear day from one side of the aircraft can be seen in the distance the peaks of K2, Nanga Parbat, Gasherbrum and on the other side of the aircraft, so close that you feel you could reach out and touch it, is the Nun Kun massif.

On arrival at Leh Airport (Kushok Bakula Rinpoche) at 0725 hrs, our representative will receive the group and transfer by Toyota Innova cars to **Hotel Singge Palace 4***. Rest of the day at leisure for acclimatization. We recommend on first day to take rest for body acclimatization since you have gone from a relatively low elevation to over 11,000 feet! You may be very excited to explore the things on first day, however your body needs to get acclimatized to such height and climate. At about 1500 hrs, you can walk through the old town, to allow you to get oriented to this fascinating city. Participate in the Cultural evening to celebrate a great occasion. Dinner and Overnight.

Raj and Nilima will organize their first session of Shakti Leadership in Leh in the evening at the hotel.

Day 04: Monday: 25th June: In Leh

After early breakfast at 0730 hrs our English speaking guide will meet the group for half day sightseeing of Leh. Drive to **Hemis Gompa** : **Hemis** : Farthest away from Leh, this is the wealthiest Monastery in Ladakh belonging to the Red Sect - it is here each summer that plays are held and Ladakhis from all parts of the country will visit Hemis. **Sankar Gompa**: Located on a valley floor and is the home to Lamas who belong to yellow sect and worship his Holiness - The Dalai Lama. Visit **Shanti Stupa** : a Buddhist religious monument built by Indian based Japanese Monk whose intention was to spread Buddhism by building such stupas throughout the world & **Leh Palace** : the 17th. Century looking for the entire world like a miniature version of the Potala in Lhasa. The rest of the day is free for personal activities. Dinner and overnight at **Hotel**

Day 05 : Tuesday : 26th June: Leh – Nubra Valley

After breakfast, drive to Nubra, 140 km from Leh and it takes about 5-6 hrs drive, by crossing **Khardung-la (The highest motorable road in the world 5602 m/18380 Ft)**. On the way, you have amazing panoramic view of Indus valley, Shayok River, Himalayan Mountains and Karakoram range. Post Lunch , drive to Hunder where you enjoy the Double humped bacterian camel riding (direct payment). After then drive back to Deskit (administrative block of Nubra valley) and visit the monastery and recently built huge statue of Maitreya Buddha (100ft Future Buddha). The most attractive features of Nubra valley is the sand dunes. Explore the Nubra valley (The valley of flowers). Check in at Ladakh Summer Luxury fixed camps. We will organize bon fire dinner at the Camp. This is a great place to interact with the Team Leader. Dinner and Overnight.

Please note that the Indian Army has its big presence in all the major mountain passes in Leh and they welcome all tourists with a cup of Chai and they are there at any time to take care of the tourists.

Day 06: Wednesday: 27th June: Nubra Valley – Leh

In the morning take a nice walk in the Nubra Valley in the fields that grow vegetables and rice. Nubra Valley is the only fertile land in the Leh region. After breakfast at 0900 hrs, our drivers will meet the group and transfer back to Leh (140 Kms, 5-6 hrs drive) with stops en-route. On arrival check in at **Hotel Singge Palace 4***. In the evening visit the banks of Sindhu River for Meditation and do some shopping in the local Bazaar at Leh. Optional visit to Leh Jokhang or Leh Mosque & Local Monastery by foot. Dinner and Overnight at the hotel.

Day 07: Thursday: 28th June : Leh – Pangong Lake – Leh

After early breakfast at 0730 hrs, our drivers will meet the group and drive to Pangong Lake via Chang La pass (5475 Mts/17586 ft). The drive takes you through spectacular, amazing scenery, with breathtaking views of the snow covered Himalayas. The Lake is the highest (4267 Mts) salt-water lake in the World, situated along the India/China border. It is about 150 Kms long and 5-6 Km wide. The Chang – chenmo range surrounding it from the north provide a spectacular backdrop to the blue and green expanse of its brackish water. You can spend quality time with the Team Leader for two hours sitting by the Pangong Lake. Evening Back To Leh. Dinner and overnight at hotel.

We advise you to take some packed lunch from the hotel during your trip to Pangong Lake.

Day 08: Friday: 29th June: Leh – Delhi – Agra

Early morning at 0600 hrs, our drivers will meet the group and transfer to Leh Airport to take Spice Jet Flight SG-122 to Delhi at 0755 hrs. On arrival in Delhi at 0910 hrs, we will receive the group and transfer by AC coach/car to Agra via New Yamuna Express Way (3.5 hrs drive). On arrival check in at **Hotel Radisson Blu 4***. **Rest of the day at leisure**, Dinner and overnight at the hotel.

Day 09: Saturday : 30th June : Agra – Delhi – Depart

Early morning at 6:15 AM, our English speaking guide will meet the group for visit to the Taj Mahal at Sunrise (best time to see Taj Mahal) and Agra Fort. Return to hotel for breakfast. Time at leisure for shopping. At 1330 hrs, transfer by AC Coach/Car to Delhi (03 hrs drive). On arrival in Delhi, some time at leisure for shopping at the Air conditioned Malls near Delhi Airport. After dinner transfer to New Delhi International Airport to take flight back home or extend the India Tour.

Tour Price Per Person on twin sharing – USD 1375.

PLUS Airfare for 02 flights Delhi – Leh – Delhi : USD 300 as per present availability (subject to change)

Extra cost for taking a single room: USD 495.

Register before 14 April 2018. Late registration fee of USD 200 after 14 April 2018.

Tour Price includes:

- # Accommodation in 4* hotels as mentioned or similar inclusive of breakfast and dinner.
- # Transportation by AC Mini coach in Gurgaon/Delhi & Non AC Toyota Innova cars in Leh (04 in one car) inclusive of fuel charges, permits and toll charges.
- # Services of English speaking guide in Delhi & Leh as per itinerary.
- # Entrances to monuments
- # Assistance on arrival at Leh
- # Traditional Welcome at the hotel in Leh
- # **Inner Line Permits as per the itinerary (Nubra Valley & Pangong Lake)**
- # Wild Life Fee for Nubra Valley and Pangong Lake
- # Ladakh Environmental Fee/ Red Cross Fee.
- # Driver Allowance, Toll & Parking charges
- # OXYGEN Cylinder for emergency purposes.
- # All applicable taxes including GST

Tour Price does not include:

- # Lunch, tips and expenses of personal nature like phone calls, laundry, internet, pony/horse or camel rides etc
- # Airfares as they are subject to availability
- # Adventure activity costs (**Pony Ride, Camel Safari, Rafting, paragliding/Monastery Fee, etc.**)
- # Medical & Travel insurance
- # Additional Costs due to Flight Cancellations, Road blocks, natural calamities and nature's fury
- # Anything not mentioned under the category "PACKAGE INCLUSIONS"

Please note, the tour is ex-Delhi. International flights and visa for India are to be arranged by you. Our travel agent can assist you with this. Email: Mrs. Sandhya Pande at sandhyapande@nettoursindia.com

The last date for registration and receiving the **first deposit of USD 1300** is 14 April 2018. Balance amount will be collected on arrival in India when we meet the group. Late registration fee will be USD 200. For cancellation clause visit our website <http://www.nettoursindia.com/faq.html>.

To register contact Nilima Bhat at nilima@shaktileadership.com

Group size will be minimum 10 and maximum 20 people. Register early to avoid disappointment.

From June 30 to July 4, the travel agent is also arranging an extension tour of Pondicherry along with Nilima Bhat, to visit the Sri Aurobindo Ashram & Auroville as well as nearby sites such as the shore temples at Mahabalipuram. Please let us know your interest in joining this, while registering for the main tour above and we will send you costing as per the group size.

The travel agent can also arrange for 04 Days extension tours for Golden Triangle (Delhi-Taj Mahal/Agra-Jaipur) and 04 days extension tour to Amritsar & Dharamshala. Visit www.nettoursindia.com/spiritual-tours-in-india.html to know more and write to Sandhya Pande for any specific requirement.