

Shakti Tour to Kashmir & Ladakh – August 2021

INTERFAITH PEACE PILGRIMAGE

Covering sacred sites of Kashmir Shaivism-Sufism-Buddhism-Sikhism

As we head into India's 75th year and Sri Aurobindo's 150th birth anniversary starting this 15th Aug, are you feeling called to an Indian Renaissance Shakti Tour to activate the 'Crown' of our Ancient Civilization?

The ACTIVATION of 7 carefully chosen energy centres of this Holy Land are the MAIN agenda of our INTERFAITH RENAISSANCE Shakti Tour; for Peace & Harmony in the Valley, the Himalayas, India and Her Neighbours, and for our whole world.

Activations:

1st Chakra: GuruNanak Patthar Sahib

2nd Chakra: Pangong Lake

3rd Chakra: Martand Sun Temple

4th Chakra: Charar-e-Sharif

5th Chakra: Shankaracharya Hill

6th Chakra: Dal Lake (Kuthumi Etheric Retreat – Cathedral)

7th Chakra: ShriParvat Shaktipeeth in Ladakh

Day 1 – Saturday: 14 Aug: Arrive Srinagar

After some rest we will visit the **Shaarika Devi temple**, the presiding Goddess of Srinagar, to receive blessings for our pilgrimage and mission of InterFaith Harmony. Evening boat ride at Dal Lake at Sunset. Post-dinner ACTIVATION on Dal Lake: Connect with Ascended Master Kuthumi's Etheric Retreat Centre **Cathedral of Nature** (Ajna-Third Eye | 06th Chakra).

Overnight at Houseboat.



Day 02: 15 Aug: Srinagar – Pahalgam



India's 74th Independence Day and Sri Aurobindo's 149th birth anniversary.

Early morning at 06 AM, we will climb the Sacred Shalimar Temple, the iconic landmark of Srinagar. In the footsteps of Adi Shankaracharya and Sri Aurobindo. Meditate at the ancient **Lord Shiva** shrine (supposed to date back to 200 BCE). ACTIVATION of Vishuddha-Throat | 05th Chakra.

Return to houseboat for breakfast and then transfer to Pahalgam. Evening stroll by the River. Dinner and Overnight at the hotel.

Day 03: 16 Aug: Pahalgam – Srinagar

Early morning walk by the River for morning meditation (optional). After breakfast at 0930 AM transfer to Srinagar via visit to **Martand Sun Temple**. ACTIVATION of Manipura-Solar Plexus | 03rd Chakra. Also visit the **Lal Ded's Shrine** en-route. She is the most famous female mystic of Kashmir, from the 14th Century.

On arrival in Srinagar check in at the **World Unity Centre**. Evening we will take you for another boat ride at Nagin Lake at Sunset & visit the sacred Roza Bal Shrine ('**Tomb of Jesus**', subject to local permission) , **Hazratbal Shrine** (Houses the important relic, of the sacred hair of Prophet Mohammed). If these two shrines are not possible on 16th August , we will visit them after Charar-E-Sherif. Dinner at local restaurant. Overnight at Guest House.



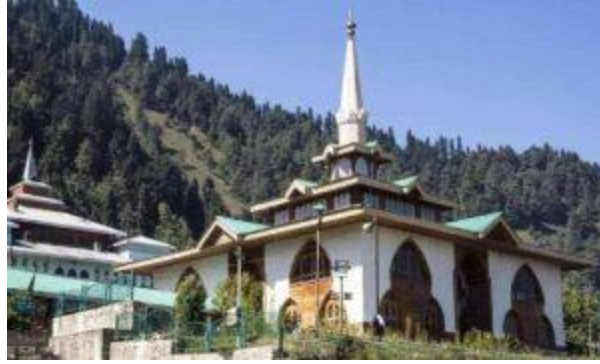
Day 04: 17 Aug: In Srinagar (Charar-e-sharif)



Morning meditation/yoga self practice. After breakfast at 0930 AM we will organize visit to Chashm-E –Shahi (natural spring with medicinal water), Ishbar Sh. Lakshman Joo Ashram (Important seat of Kashmir Shaivism), and the **Charar-e-sharif** - a most important Sufi shrine. ACTIVATION of Anahata-Heart | 04th Chakra. Dinner at local restaurant. Overnight.

Photo Credit: <https://ranasafvi.com/the-shrine-of-nund-rishi-in-charar-e-sharif-kashmir/>

Day 05: 18 Aug: In Srinagar (Baba Reshi & Abhinavgupta Cave)



After breakfast at 0900 AM we will organize visit to Babareshi Shrine and **Abhinavgupta Cave** near Gulmarg (subject to permission) or we spend time at Gulmarg enjoying the available adventure sports and have lunch at local restaurant (self pay). Dinner at local restaurant in Srinagar. Overnight at Guest House.

Day 06: 19 Aug: Srinagar – Sonmarg - Kargil



Sunrise meditation (Optional). After early breakfast at 0730 AM , transfer to Kargil via visit to famous Kheer Bhawani Temple and a brief stop at Sonmarg (07-08 hrs drive with two stops). On arrival in Kargil around 04 PM check in. Evening a special session with Nilima by the Suru River. Dinner and Overnight at hotel.

Day 07: 20 Aug: Kargil – Leh

Morning meditation / yoga self practice. After early breakfast at 0730 AM transfer to Leh (5 hrs drive plus two stops). En-route brief stopover at MULBEK & visit famous Lamayuru Monastery. Enjoy confluence of RIVER INDUS & HALL of FAME. On arrival in Leh first visit **Pathar Sahib Gurudwara** (ACTIVATION of Muladhar – Root | 01st Chakra). Evening relax in the hotel and get acclimatize to the Leh altitude. We advise you not to indulge in any activity as you have to travel to Pangong next day. Dinner and Overnight.

Day 08: 21 Aug: Leh – Pangong – Durbuk



After early breakfast at 0800 AM our driver cum representative will take you for visit to Pangong Tso, called as the Lake of Forgiveness by the Dalai Lama (ACTIVATION of Swadhisthana – Sacral | 02nd Chakra). We will first check in at a beautiful tented accommodation by the river – “**SERBHUM CAMPS**. Vegetarian lunch will be organized by the resort Manager. After lunch drive to Pangong Lake (36 Kms) and enjoy a beautiful session by this incredible place on earth. In the evening return to Durbuk (36 kms). Evening activities to connect with the spiritual forces of the special land. Vegetarian dinner and Overnight at the tented accommodation.

Day 09: 22 Aug: Pangong – Leh

Morning meditation/yoga self practice. After breakfast at 0800 hrs transfer to Leh (03 hrs drive). En-route optional visit to famous Hemis Monastery. We will stop at **Thiksey Monastery (Tara Temple)**. Afternoon at leisure. Evening at 06 PM our driver will take the group to **Sriparavata Shakti Peeth** – Full Moonrise view (ACTIVATION of Sahasrara – Crown | 07th Chakra). Dinner and Overnight at hotel.



Day 10: 23 Aug: Depart Leh

Tour Price : based on 3* decent hotels: Rs.57990/- per person on twin sharing. Minimum group of 12 persons.

Tour Price DOES NOT INCLUDE: Air tickets/Train tickets to Srinagar and return from Leh. Pony Ride, Tips to waiters/drivers/any other person, Medical Insurance, Laundry, Phone Calls, Guide Fee & Camera Fee, Any kind of personal expenses, extra meals, starters & Drinks (Alcoholic, Mineral, Aerated etc).

Network Tours are our trusted Travel Agents for Shakti Tours and are confident of going ahead with this, at this time. Kashmir & Ladakh are open for tourism.

Please write to Sandhya Pande sandhyapande@nettoursindia.com, for any itinerary or travel related queries.