

**Shakti
LEADERSHIP**

Embracing Feminine
and Masculine Power
in Business

Nilima Bhat and Raj Sisodia



Audiobook Reference Figures

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Nilima Bhat | Raj Sisodia

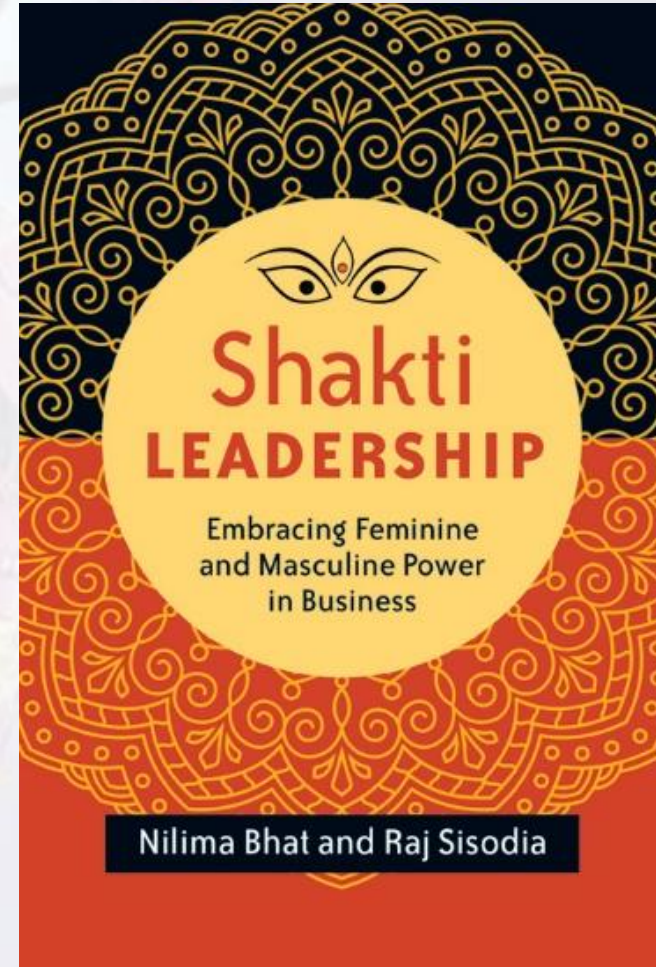


Figure 1.1 - Stages of the Heroic Journey



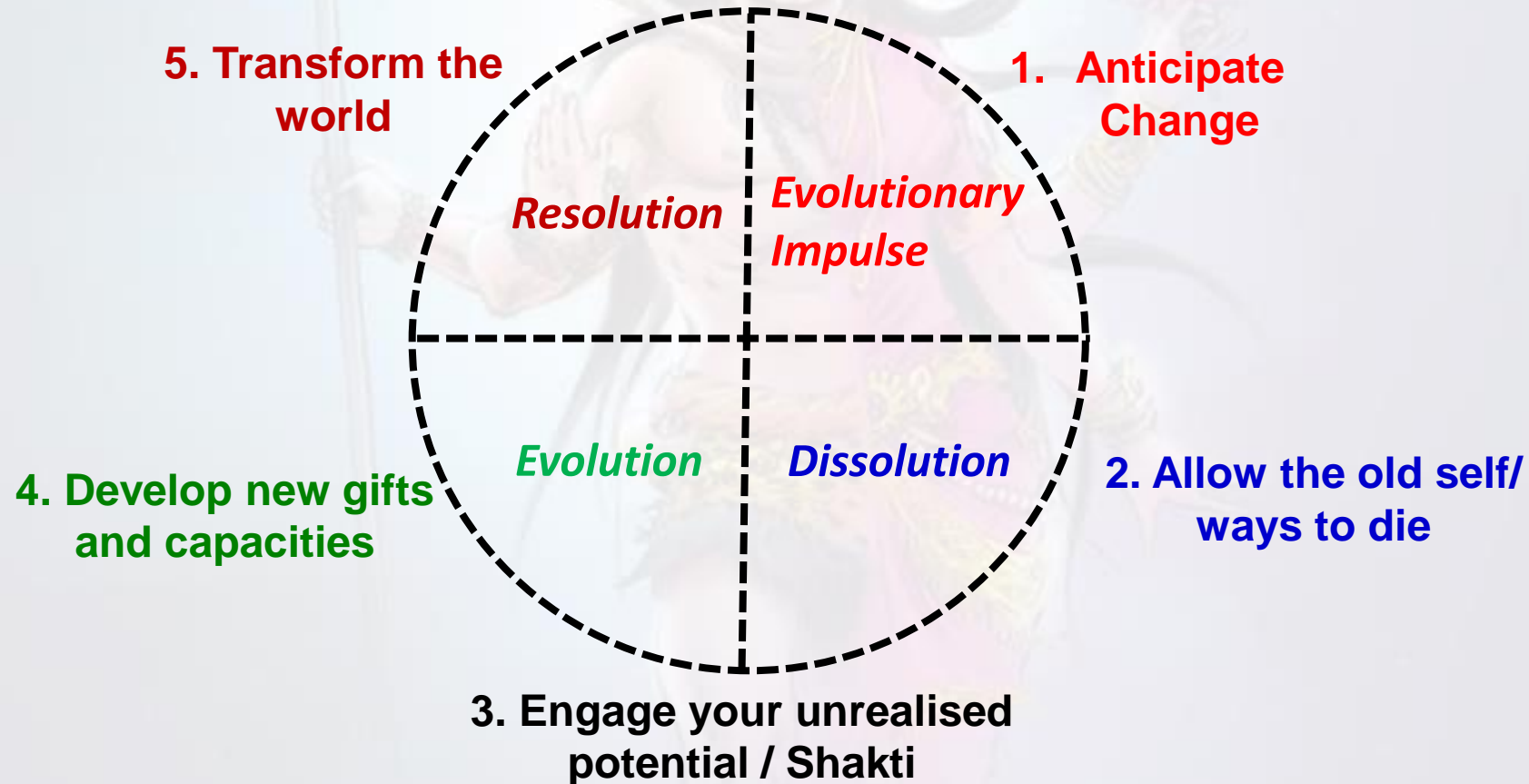
Adapted from The Writer's Journey, Christopher Vogler

Figure 4.1 - The Four-Stage Heroic Journey



Adapted from The Hero With A Thousand Faces, Joseph Campbell

Figure 4.2 - Journeying Consciously



Parallel Tracks: Outer/Leadership & Inner/Consciousness
“The Leader you are is the Person you are”

Figure 4.3 – The Four-Stage Heroine's Journey



Adapted from The Heroine's Journey, Maureen Murdock

Figure 4.4 – The Conscious Woman's Journey

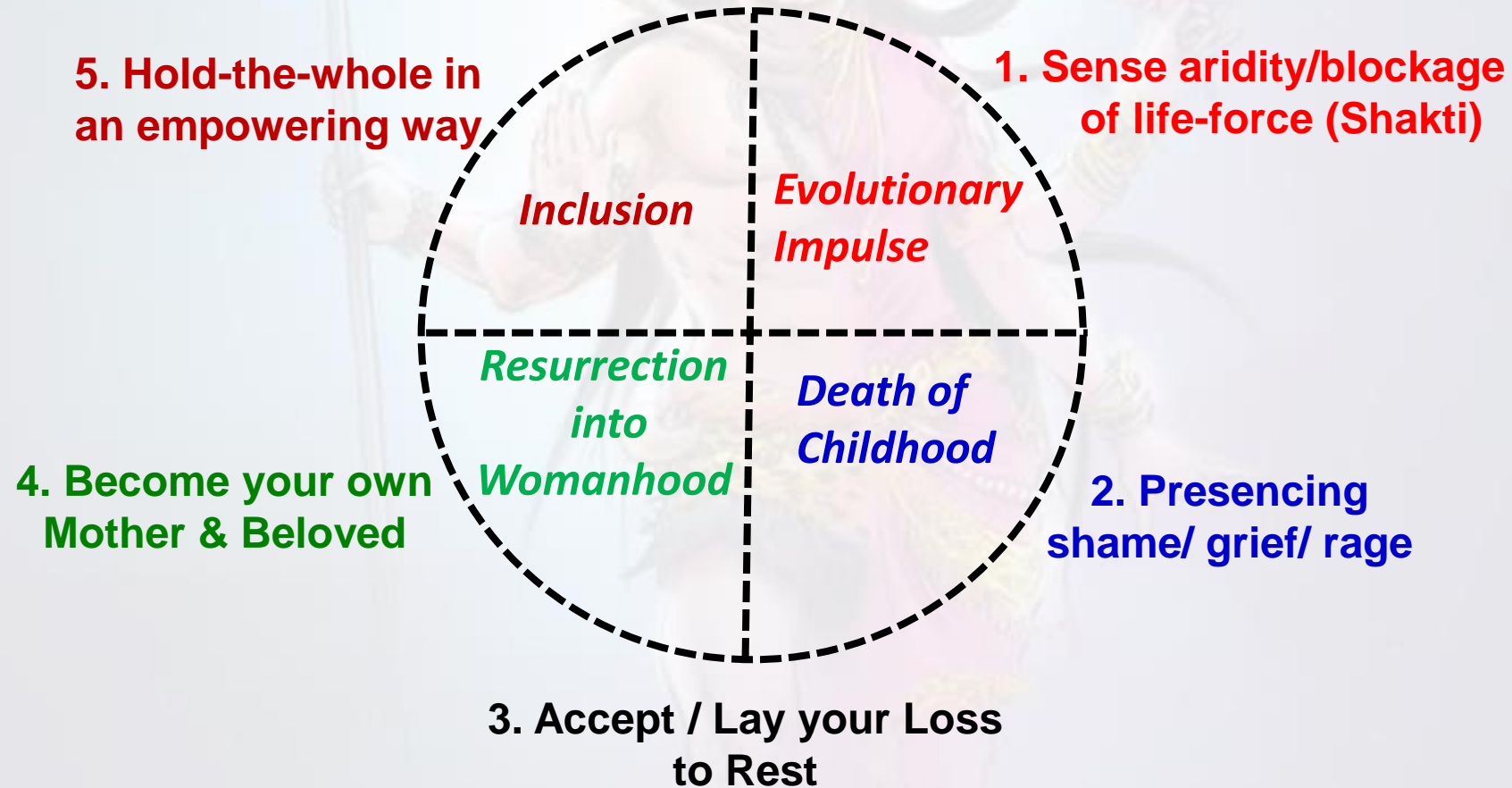


Figure 5.1 – A Holy Family Reunion

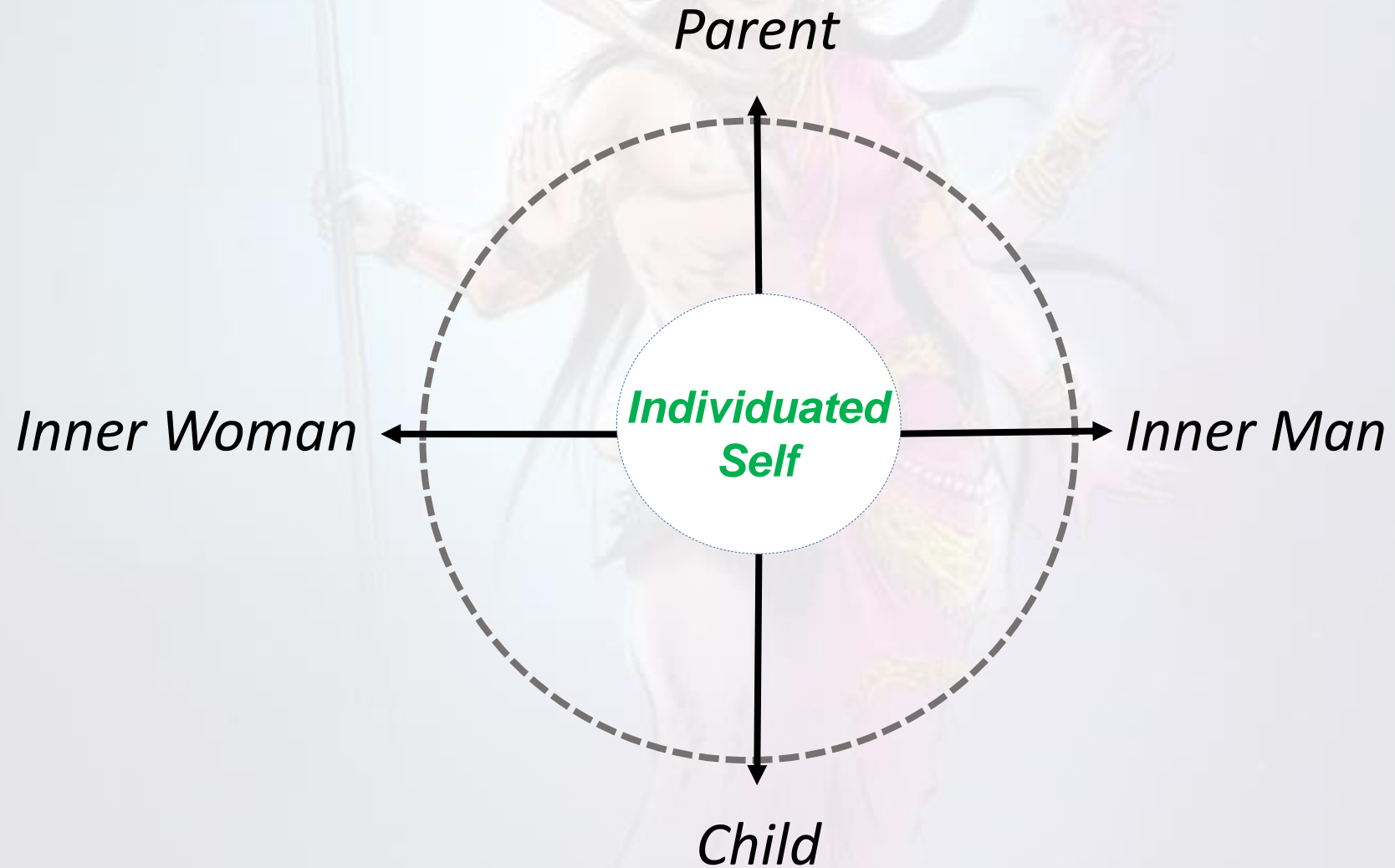
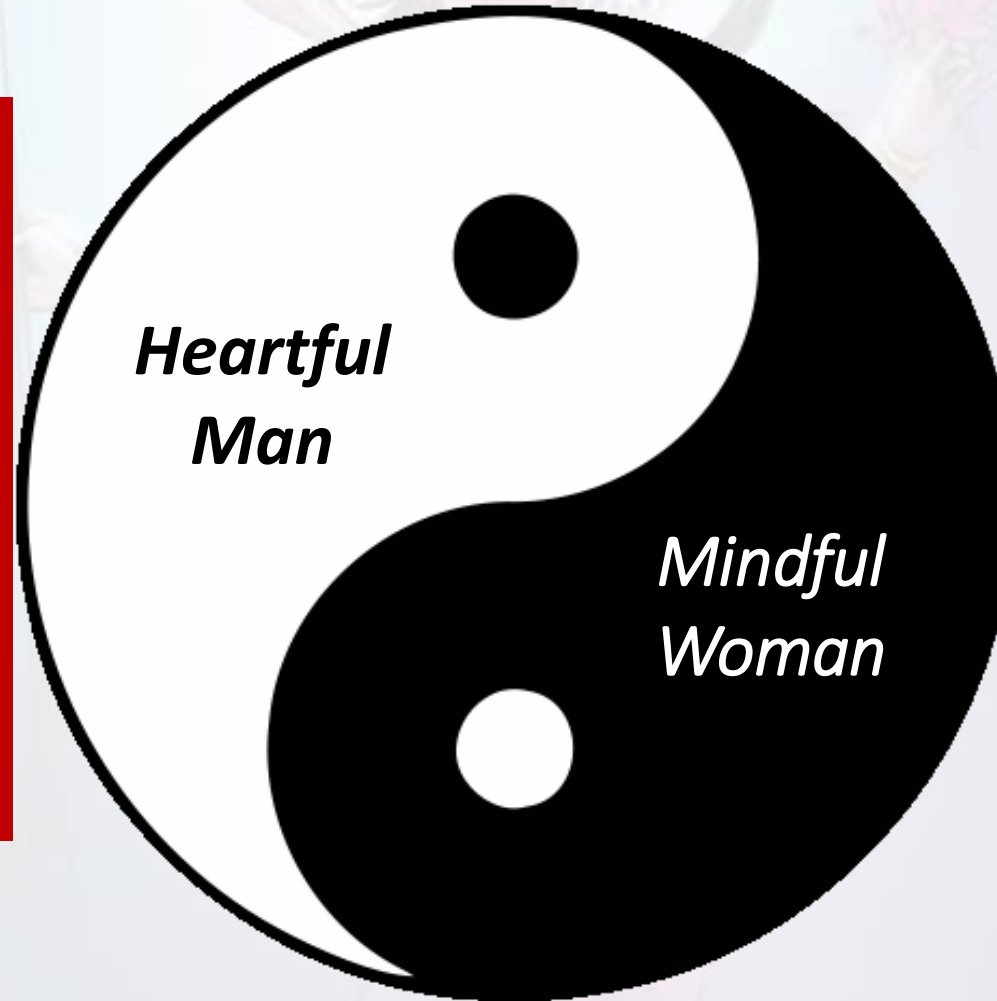


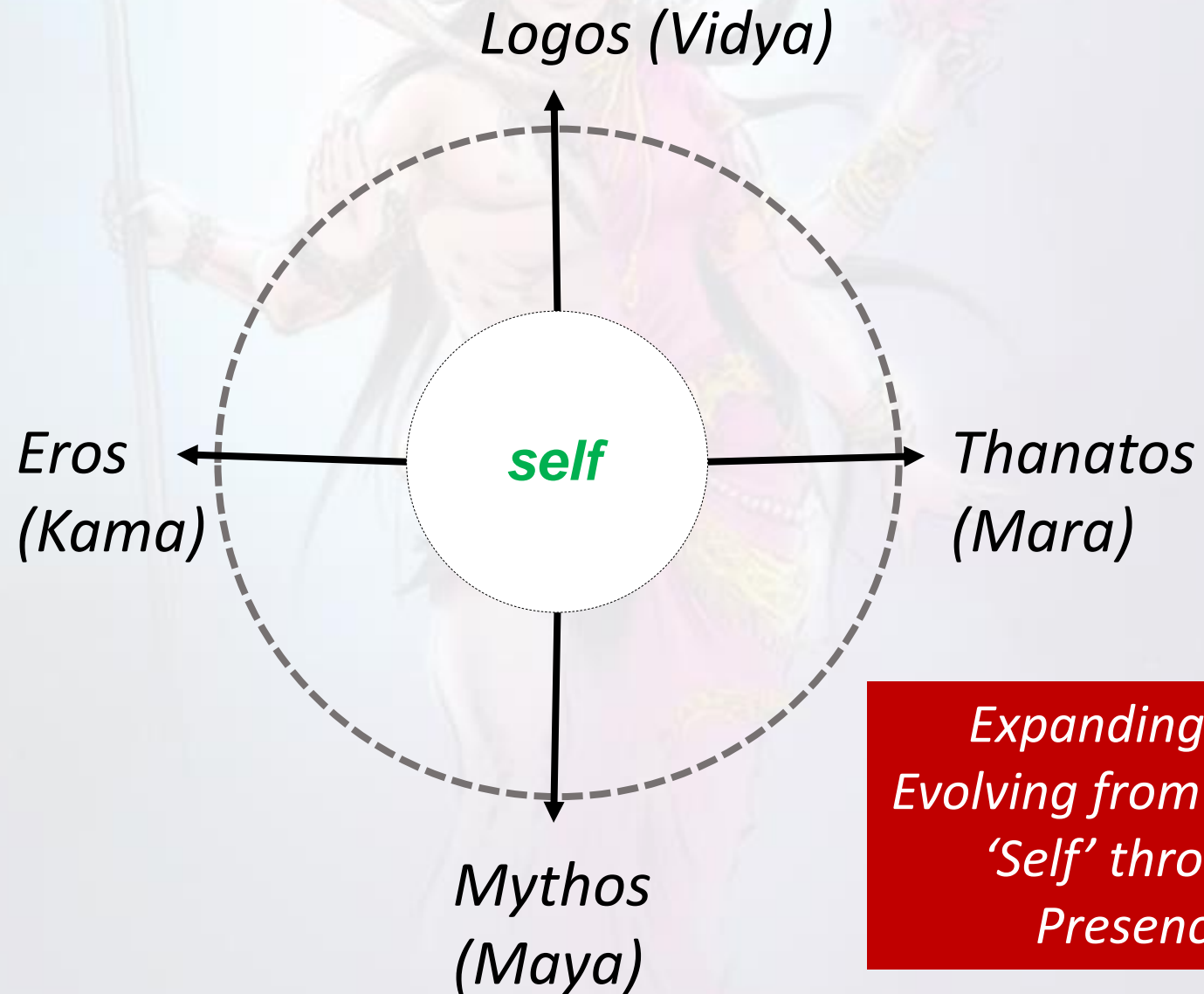
Figure 5.2 – The Inner Wedding: A Dance of Love & Power

*The Hero
learns to say
“YES”, opens
boundaries
up to
Vulnerability
and finds
Love*



*The Heroine
learns to
say “NO”,
creates
boundaries
to gain
Security
and
reclaims
Power*

Figure 5.3 - The Four-Fold Self*



*Source: Brian Skea

Figure 6.1 - Polarity Map[®]

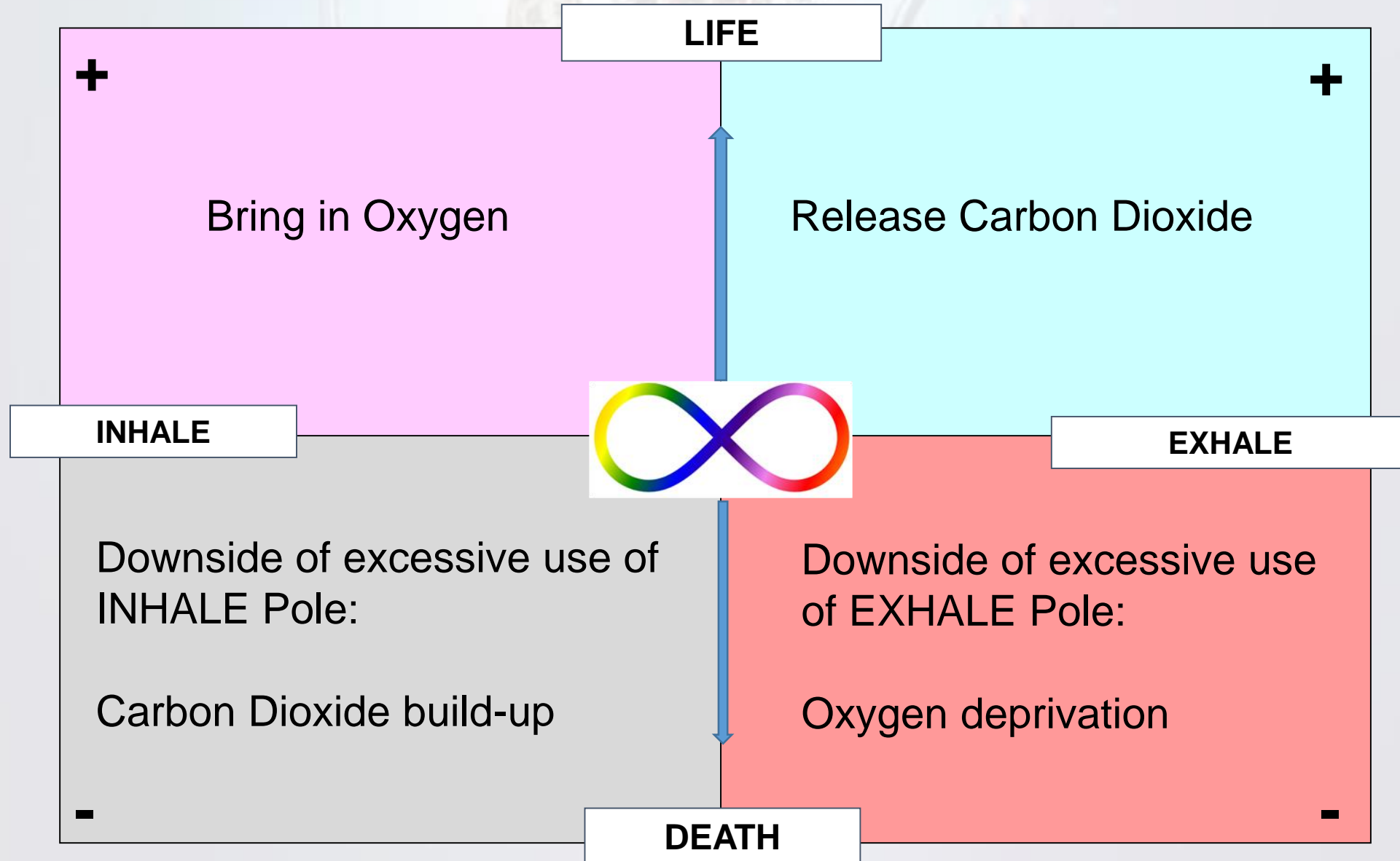


Figure 6.2 – Feminine and Masculine Polarity Map

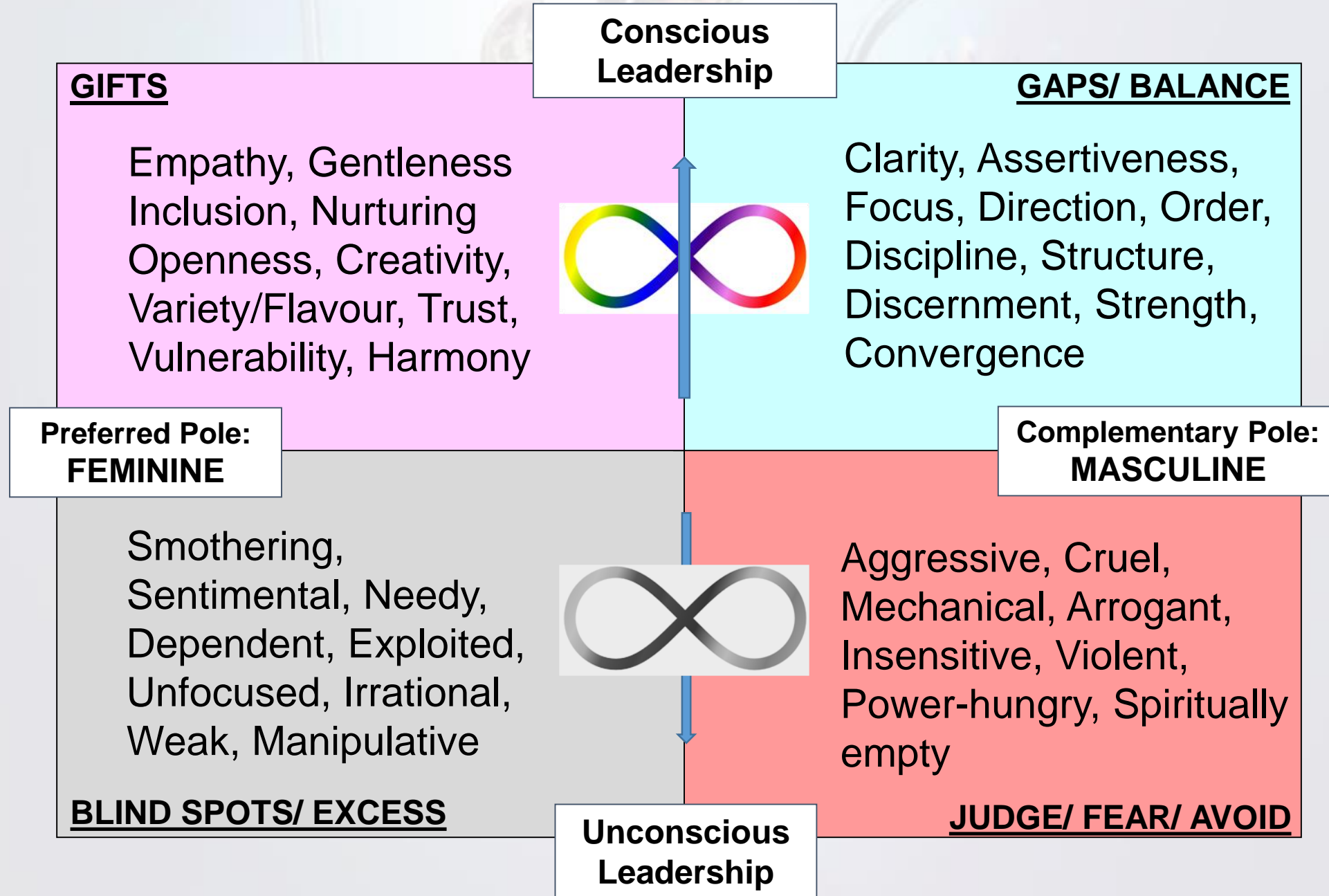
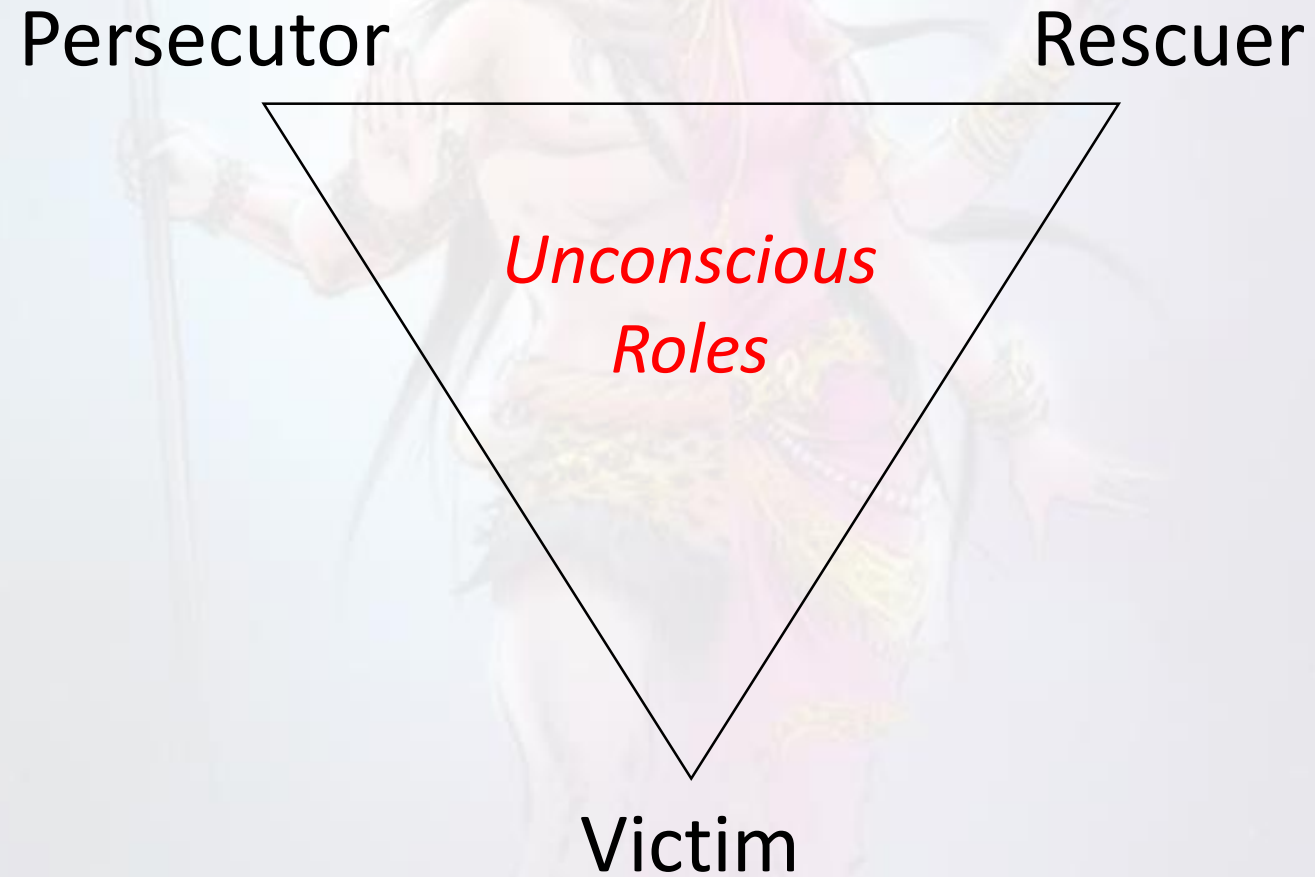
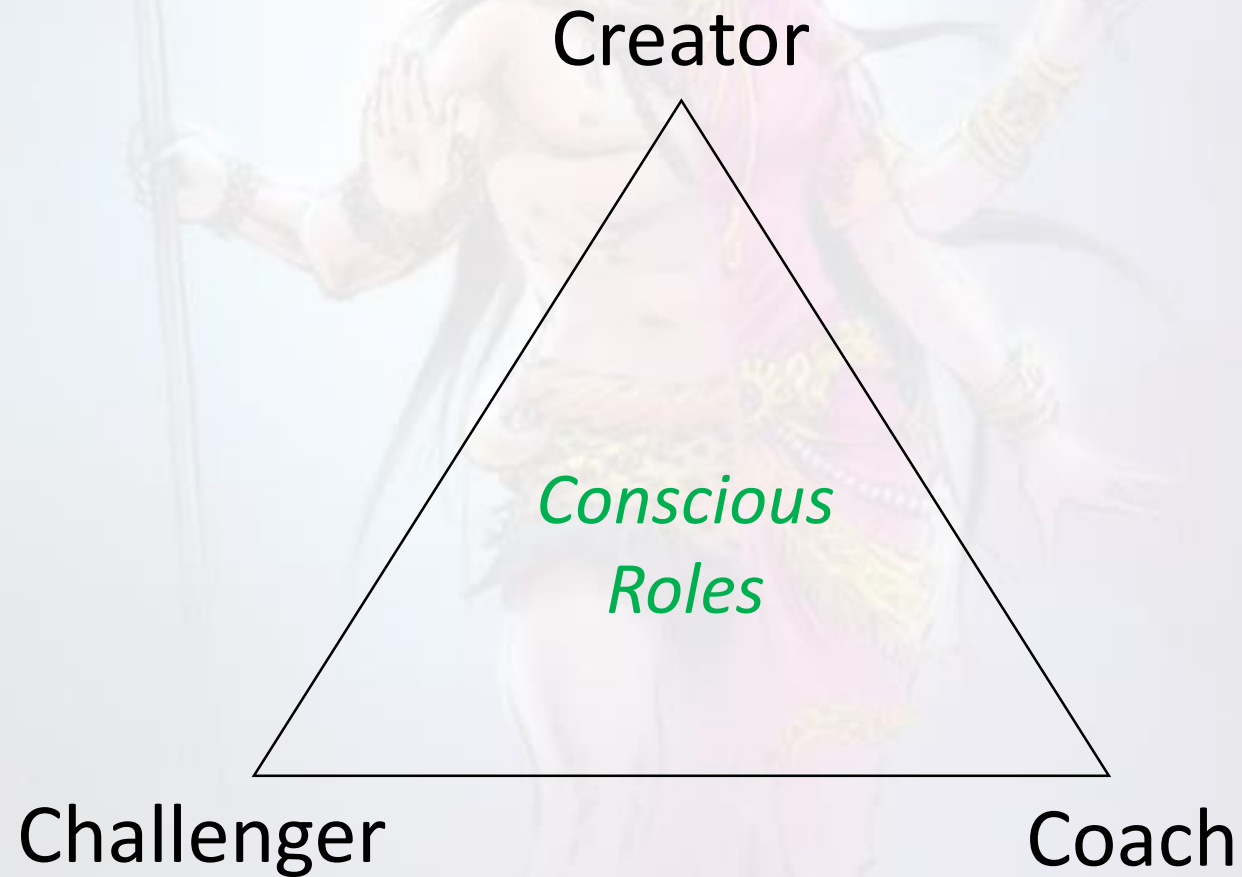


Figure 6.3 - Drama Triangle



Source: Stephen Karpman

Figure 6.4 - Drama To Dharma



*Derived from the book *The Power of TED* by David Emerald, used with permission. www.powerofTED.com; www.consciousleadershipforum.com along with www.Hendricks.com*

Figure 6.5—Masculine/Feminine Leadership Styles Assessment

MASCULINE ←————→ FEMININE

1. Structure

(How you structure your team/work)

Hierarchy _____	Network _____
Level and status matter _____	Relationships matter _____
Clear/separate roles _____	Overlapping roles _____
Top down power/info _____	Power/info shared _____

2. Orientation

(What do you focus on to get the job done)

Goal/result _____	Process _____
Push aside distracting ideas _____	Gather multiple inputs, weigh related issues _____

3. Influence

(How you get others to do what is important to you)

Command _____	Persuade _____
Give orders/tell _____	Make requests/ask _____
Direct/clear _____	Indirect/polite _____
Appeal to logic/prove _____	Appeal to emotion/inspire _____

4. Motivation

(What energizes or drives you when working with others)

Competition _____	Collaboration _____
Work is a game to be won _____	Opp to co-create/belong _____
Coming out on top is key _____	Involving team and sharing power is key _____

5. Conflict

(How you resolve disagreements and disputes)

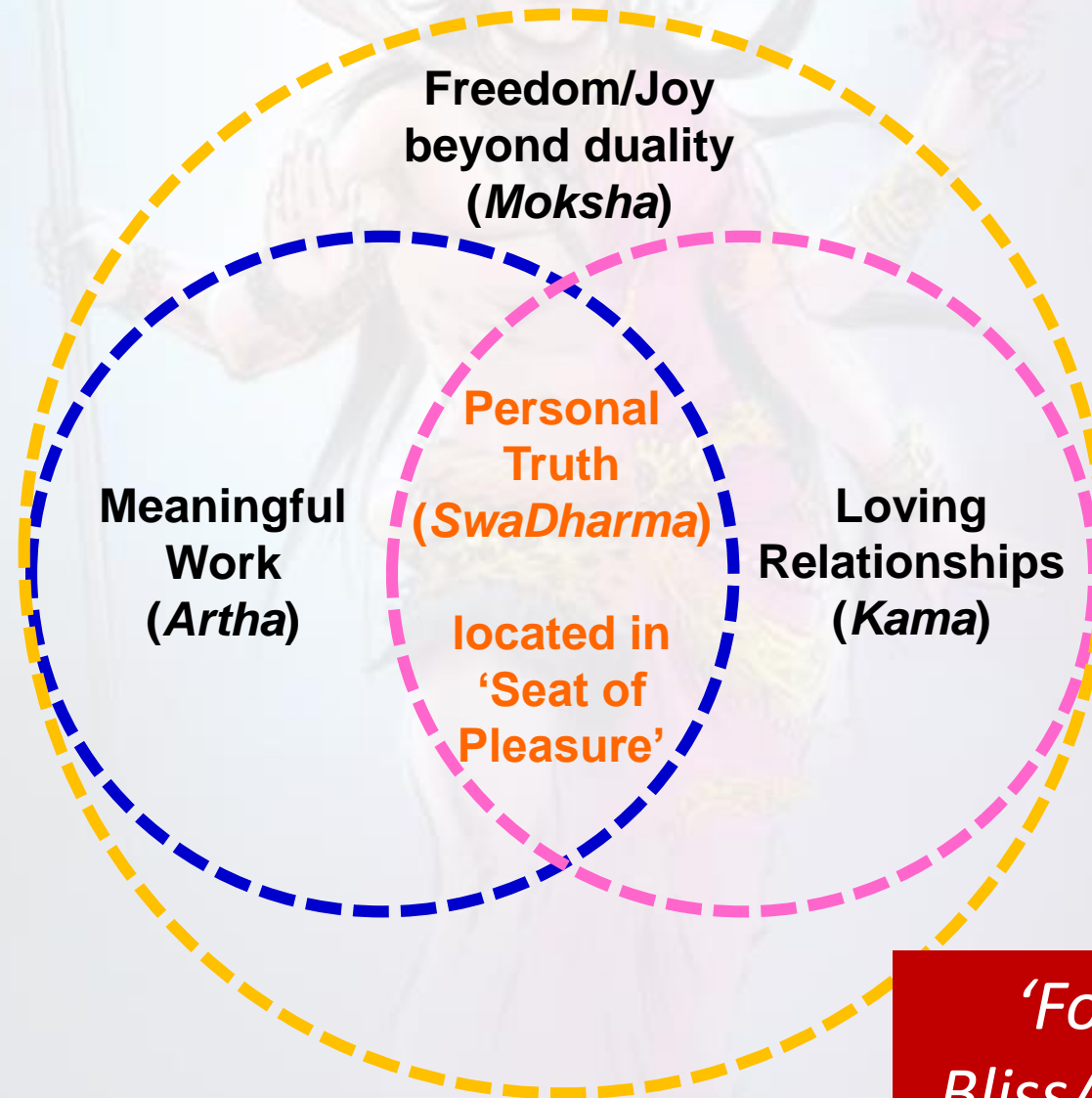
Confront directly _____	Approach indirectly _____
Facts have priority _____	Feelings and facts imp. _____
Seek closure _____	Seek healing _____
Transactional (don't take personally) _____	Emotional (go through hurt/pain) _____
+3 +2 +1 0 -1 -2 -3	

Total your +Masculine score and -Feminine score. Depending on which one is higher, you're leading more from that energy.

Think of a dilemma you are facing.
 1. Which of the above five domains is it about?
 2. What style or energy (M/F) do you need to dial up or down?

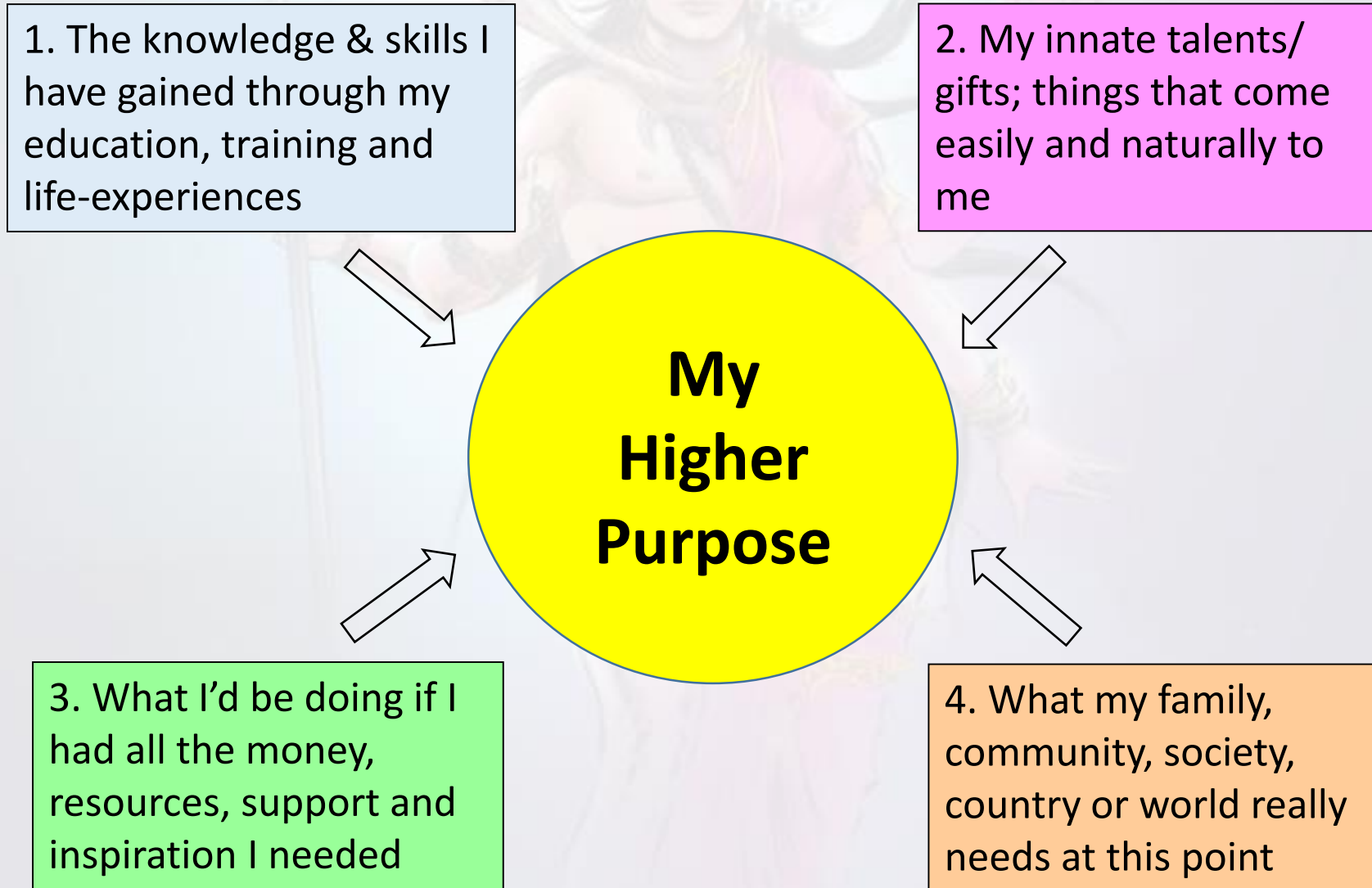
Adapted from Caroline Turner, "A Balance of Both Masculine and Feminine Strengths: The Bottom-Line Benefit," Forbes, May 7, 2012. www.forbes.com/sites/womensmedia/2012/05/07/a-balance-of-both-masculine-and-feminine-strengths-the-bottom-line-benefit/⁹

Figure 7.1 - Purpose <-> Swadharma <-> Pleasure!



*'Follow Your
Bliss/Heartbreak'*

Figure 7.2 - Higher Purpose



Thank you!

*Hope you enjoyed listening
to 'Shakti Leadership'! For more
information and resources,
please visit
www.shaktileadership.com*

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